

# **lamb paint**

*Submitted by Kate Bragg*

This "paint" is fabulous on pork, chicken or lamb.

- 2 c. Dijon mustard**
- handful of fresh chopped rosemary  
(or 1 Tbsp. dried)**
- 1/4 c. olive oil**
- 1/4 c. white wine**
- 2-3 Tbsp. garlic, finely chopped**
- coarse or Kosher salt**
- freshly ground pepper**

Mix all ingredients in a bowl and thickly paint onto pork tenderloin or lamb before toasting. Chicken can be marinated in it or breasts painted and roasted in oven.



Photo by Sean McIntyre

Meadowbrook chef Kate Bragg



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